

StillPoint E-Magazine

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www.stillpointretreats.com



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SEEING GOD AND AFFIRMING THE GOOD

"It is said that we should see God in everyone. But why can't God be seen?

Because HE does not exist separately.

Because HE exists as all these. Because HE is everywhere. God does not appear as (a separate) one, HE appears as everything. God is Reality, the Absolute, "What is." I can find no better explanation of the word "God." What is? What is! You too are within THAT. If you can understand the inner meaning of these words, you will have understood everything. There is nothing else to understand."

**Thus seeing God in everyone
is not an optical event!**

Seeing God in everyone is acknowledging that everyone is playing his role according to God's Will for that person. On a more mystical level it is God who is playing the role through the individual's identity and personality design. On a deeply human level, it is recognizing that essentially everyone is doing about the best they can with who and what they are.

**Now that is the true meaning of
"not judging" another.**

Must we evaluate their performance? Absolutely! Society and the individual himself would fly apart in random chaos if there were not laws of physics, laws of physiology, laws of nature and social standards.

So be careful of those secular humanists who preach from the rooftops "don't judge." Individual and social anarchy can never support Divine Communion. There are standards - ABSOLUTELY.

Look at the orbiting planets around an incredible precise and orderly universe. Think of the teachings of the great saints and sages of all times.

Without ideals, measurements and corrective mechanisms we are just animals living from instinct with the primary goals of sleeping, eating and procreating. Never mind the illusion of seeking the comfortable over the good. We deny the existence of the GOOD Itself.

A NEW ERA WITH STILLPOINT E-MAGAZINE!

This is the beginning of a new era for the StillPoint Silent Community. Starting in 2020 with the publishing of our new web site, we will be publishing some of the many, many comments we get from StillPoint Silent Community Members regarding their unique individual transformations.

Making mystical understanding practical within themselves and in the everyday world.

Hearing from other members is often a great way to see things from a different Perspective and set of circumstances broadening your awareness of what may be happening for you in your own life.

Below is an insightful commentary by a member of the StillPoint Silent Community. She presents a practical and inspiring "lesson" that clarifies the great confusion that leads us to believe that emotions are an indicator of the strength and substance of our relationship with God.

Separating emotions from the experience of God.

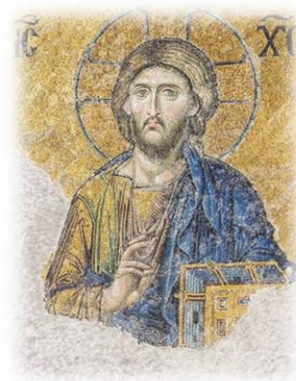
As the essence of Love is not an emotion, so the relationship with God far, far transcends emotion. Although emotion can be contained in it! But is not the accurate indicator of it at all!

The first gift of this lesson is that I have finally been able to separate my emotions from my experience of God. For my entire life I equated how I felt with "how I was doing," spiritually speaking. Somehow, I decided that if I didn't feel happy, joyful, fully accepting of whatever happened to me

or anyone else for that matter, that somehow I was failing to love God wholeheartedly.

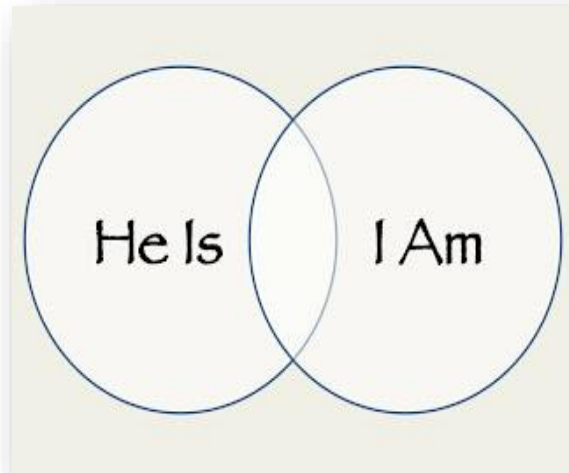
And failing to be in control which was probably a bigger deal to me if I'm honest.

So I have spent a great deal of time trying to manufacture feelings of the type I felt would be acceptable to God. I believe I am starting to live more deeply than that now. I realize that I can hold and acknowledge pain, confusion, grief, disappointment, and anger, and yet simultaneously be able to say in the midst of turmoil "Yes" I don't get it, can't possibly ever hope to get it but "Yes" to this Great Mystery in all of its glorious and terrifying manifestations.



Perhaps that is the start of real intimacy with God and some measure of humility.

It is certainly the start of dethroning my mind and cloistering in the heart as Master Yogananda put it so beautifully. And it is the start of trusting the perspective and the experiences that come from the heart. That frees up tremendous energy to walk through the fire, my own or another's, to witness, to endure, to fight the good fight with eyes on God always, not on what I have decided the circumstances, relationship, or outcome should be.



REMEMBERING SILENCE SPEAKS:

Reject all thoughts about
What I am and **What God Is**
In order to be conscious only
That I Am and **God Is**

This is the source of all
Pure Knowledge
Revealed in Silence
Lived in Love
Relax in the arms of God.

STILLPOINT HOSTS A DIFFERENT:

Ongoing One Hour Retreat - Every Wednesday

www.stillpointretreats.com/in-home-group-meditation

At any time, you can view and participate in the current retreat and any one of 12 that we have in our archives. On Wednesday of each week we present a new One Hour Retreat. We will send you a notice with the topic and a link to the StillPoint webpage which has the new retreat audio/visual recording posted as well as a library list of the last 12.

Please join us at any time you wish.

CONTEMPLATION FROM SILENCE SPEAKS:



*"It is not healthy
to be well adjusted
to a profoundly
sick society."*

~ J. Krishnamurti

SAVE THE DATE RETREAT SCHEDULE 2020:

September 19

The Mystery of the Mind

December 5

Christmas - The Light Infuses
Darkness (We Celebrate)!

