



# StillPoint Retreats

## Symposium

**Remember the only reason we are having this earthly experience is to grow spiritually.**

One of Jesus' core teachings is that this world is not His and it is not our true home. (Palm Sunday) That understood, He told us to take care of one another and not to turn a blind eye to suffering, but also, not to be consumed by it. Or to lose our soul in the search for a perfect world - a Utopia. (What good will it be for someone to gain the whole world, yet forfeit their soul? - Mt. 26)

The tests of the world are challenges to ultimately teach us that our true home is our own internal state – the Kingdom of Heaven. The world is designed to shift like the sands, to continuously and relentlessly change and dole out joys and sorrows, bring life and bring death in equal measure. What wise man builds his home on a foundation of sand? Over time and many tribulations, we come to realize that it is in building only on a solid foundation that we can experience any peace or fulfillment. That solid rock foundation is our relationship with God and that truth is even more important because when we die, our relationship with God is all that is left.

Saint Theresa Avila tells us to “Trust God that you are where you are meant to be.” To trust that the world is where it needs to be for its evolution. Currently, we are in a process of massive purification. What has been hidden by the darkness is coming to Light. For some, the depths of evil and corruption to be revealed will be shocking. So, it is quite possible that in the months to come, the ongoing struggle between the Light and the dark will intensify. Not comfortable, but ultimately Good. And necessary!

Contemplation: “You have made us for Yourself, O Lord, and our hearts are restless until they rest in You.” – St. Augustine