



Pure Knowledge

pure |pyŏr|
adjective

the true essence of the matter not mixed or adulterated with any other substance or material

knowledge |'nālij|
noun

facts, information, and skills acquired by a person through experience or education • what is known in a particular field or in total; facts and information true, justified belief; certain understanding, as opposed to opinion.

The Nature of Pure Knowledge

Pure Knowledge is the subject matter of Ultimate Reality – the Ocean – the unchanging basis of existence. Its nature is whole and of the One.

Whereas, secular scientific, metaphysical, and psychological knowledge is the subject matter of creation – the wave – substances and beings seen and unseen, that have a beginning and end. Its nature is of the fragments; the “many” which spring from the Whole.

Pure Knowledge is most readily found in the mystical¹ scriptures² of the world's

¹ Mystical scriptures would be Vedanta in the East and the Kabbalah of Zohar and the works of the Carmelite saints John of the Cross and Theresa of Avila (among many) in the West. Mysticism is more about the unity of God and man whereas traditional spirituality is more about God as creator and man as the created. The mystic seek the actual experiential union with God beyond a relationship to a Deity.

² When consciousness is embodied in word form, it is known as scripture.

great theistic ³religions.

Pure Knowledge is written in the soul. When heard, we remember it. It comes to life. It is a living form of God Him Self. It has His full power, intelligence and love imbued in its meaning – which is universal and common to all mystical religions.

Exposure to Pure Knowledge causes the attention to be turned inward. The spiritual heart, or the soul, transcends human mind. The mind's outer attention slips into the gap of space – time, and in Silence, the soul contemplates its own wisdom. Outer consciousness of objects and sensations melts into pure awareness.⁴

The Knowledge of God is written in the heart of the human soul and, when that Knowledge is revealed, the human begins his transformation to Divinity.

Pure Knowledge purifies. Pure Knowledge removes ignorance⁵ from the mind by making it whole. It adds the element of insight and intuition, the ability to know the “essence” of reality, as well as the illumining the empirical and rational faculties of knowing. The outer aspects of the limited, secular mind are fused with the intelligence of the unbounded, Divine soul.

Pure Knowledge is a direct transmission of Cosmic Intelligence. And, although you may be exposed to a lengthy segment of Pure Knowledge from a book or a talk, Pure Knowledge will reveal itself to you at the exact right time, as it sees fit.⁶

It is said that if all the scriptures containing Pure Knowledge were destroyed, those

³ The work of StillPoint encompasses the mystical teachings of Judaism, Christianity, Islam (Sufi) and Hinduism (Vedanta). We focus on these theistic approaches since our goal is union with God that has not only an impersonal aspect, but also a living, personal aspect involved in every detail of our life.

⁴ Pure awareness is awareness without an object of awareness. At first people think they are “sleeping” and don't remember what is happening when exposed to Pure Knowledge, but in reality, the mind has shut down for seconds or even minutes to let the “pure knowledge” do its transformative work in the sanctuary of the soul.

⁵ Here ignorance does not mean the absence of information or false information – but incomplete information which makes one come to erroneous observations about the essence, function and form of things. Refer to the three legs of the barstool of knowing. (1) Empirical – knowledge from the senses which is the basis of science. (2) Rational – the logical sequence of cause and effect which is the basis of philosophy, and (3) Transcendental – knowledge of the nature and essence of things existing in the Silence and documented as Pure Knowledge. Whereas (1) and (2) are functions of the outer human mind - oversight, (3) is a function of the spiritual heart –insight. It is only when the “wave” turns in towards and experiences the Ocean, its true source, can the mind be illumined or enlightened by Truth (knowledge of the One).

⁶ Commonly we will read a book several times and then suddenly we will read a passage and understand its meaning in a whole new way and feel that we are seeing it for the first time.

who delve into the Silence and “know” from the Spiritual Heart, the Soul, would rewrite them in one generation.

Examples of Pure Knowledge

“There is only Consciousness” – Vedanta

“The One has become the many.” – Kashmir Shavism

“The Kingdom of Heaven⁷ is within. As you seek this kingdom, everything you have been seeking will be yours.” – Jesus of Nazareth

(paraphrase) *“I am in the Father and the Father is in Me and I am in you.”* – Gospel of John

“All things are one.” – Kabbalah

“The Beloved has become the lover so that He (the Beloved) may be loved.” –Rumi

How Pure Knowledge Operates

Pure Knowledge is the knowing of the soul. It is revealed to us when the inner principle of Light brings it to us. In each of us, at the seat of the soul, there is spark of the Divine Light that gives us Life. That Light also seeks to be known, and in time, arranges all aspects of our life that we may be drawn back to our Source and made complete in Divine Communion

As Saint Theresa said:

⁷ The “Kingdom of Heaven” is our inner life wherein we experience the fruits of Silence; God within creation, within us, as love, peace, wisdom, joy, intelligence, creativity and power. Having those seven qualities, there is nothing outside of us that we need for completion.

*“Love (the Light) is in Love with you,
and your life
is an exact recording
of His courting strategy.”*

Pure Knowledge is a living entity. It resides within us. When activated it causes many subtle and almost imperceptible psychological and physiological changes. Sometimes, at first, we may feel a little “spaced out” – the mind seems to check out and we don’t remember much of what is being heard or read. This is apart of the process of purification which is not necessarily the subtraction of something but adding element to the human experience – the third leg of the barstool – transcendental knowledge – knowledge of the soul.

This knowing leads to more comprehensive perspectives and illumination. The Light of Consciousness illumines the nature of both Ultimate and temporal reality; the realities of the White and the blue.⁸

These perspectives e.g. “God is ultimately in control of a grand Divine Plan,” lead us to a state of “non-tension”⁹ wherein we can readily experience the Silence within – union with God.

⁸ White is a metaphor for the unbounded Ultimate Reality symbolized by the image of the Ocean, and blue is a metaphor for the bound, temporal reality symbolized by the wave.

⁹ “Relax in the Arms of God” is the one essential spiritual practice in the mystical tradition. Without the tension of egocentricity and outer focus, the preoccupied wave collapses and there is only the Ocean, holding the wave in the vastness of Love. Mystical spirituality subtracts by addition. That means that rather than focusing on changing aspects of the individual self, we focus of the SELF – through Silence and Pure Knowledge. We add the Light – the power, intelligence and presence of the Living God, which does the necessary transformations within us in His own timeframe. We open ourselves to His Presence. The rest is up to Him. We are and become “as He wishes.”

In summary, Pure Knowledge is the container that holds and gives form to our inner Silence. It gives form to the Formless and it makes the human mind whole, like the human being is made whole, as he realizes the unity of both his human and Divine Nature.

The Mystery

God is Life

Life Is Love

Love is the Perfect Expression of Life

Making All Things Whole

Making All Things God Again