



# StillPoint Retreats

Bi-Weekly Symposium

## The Truth of the Matter

At the heart of every atom  
There dwells the  
Divine impulse –<sup>1</sup>

The Impulse to  
Transform selfhood  
Into Infinite Spirit

*Stanza Sixty-One The Rubaiyat of Omar Khayyam*

This impulse is the mystical “point of nothingness” around which all forms occur, are maintained and are guided to their fullest evolution.

This is the point of Light known by many names – the Christ, the Inner Guru, the Teacher.

The agent of that impulse, the Christ, is the mind.

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<sup>1</sup> This is sometimes referred to a “point of nothingness” but that is a literal misunderstanding. This point is unmanifest causing manifestation to occur. Rather than a pure nothingness, it is an absolute space of creative intelligence and fecundity. It holds the potential for all possible variations of creation to occur and evolve. It is the mystical Christ – the Light of the World.

As Universal Consciousness comes into manifestation, Universal Consciousness voluntarily contracts Itself and accepts limitations. This contracted form of Universal Consciousness is the mind.

As the Universal Mind creates the cosmos, the individual mind creates its own mental world.<sup>2</sup>

It is only by the mind that the Inner Christ can manifest as our very own Inner Light.

Therefore, as you study the serious spiritualities of all cultures and all times, you realize that all practices and philosophies are designed to condition the mind to receive and project this Inner Light – this all-powerful Love bringing us back to wholeness with our Source. Designing each event and circumstance that we may grow to who and what we have been designed to be.

Let the world shout in outrage  
Or leap up and down  
In a hysteria or false joy.

What matters it?

It is all a parade –  
Entertaining, colorful,  
But for all that, only a passing parade,  
Passing endlessly

Stanza Nine

The terrible, beautiful, profound universal spiritual truth is...

We become what our minds contemplate – here, now...and for all time.  
We are our dominant thought pattern.

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<sup>2</sup> Once I asked my spiritual director where we go when we die? He pointed to his skull (symbol of the mind) and he said: "You are already there. Heaven and hell are states of mind. You don't go anywhere - the fruits of your mind, your inner state is the ONLY thing you take with you."

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So, what do we do with this knowing? Do we seek to control the mind which, by its nature, cannot be controlled? How do we apply Silence and Pure Knowledge to bringing forth the Inner Christ Light?

I see people daily “losing their minds” and their potential for “Inner Peace “over what they focus on externally. Without understanding and perspective their inner world is fraught with anger, fear and grief.

We have designed an Online One Day Retreat that will be posted on September 19<sup>th</sup>. It is a complete teaching on the nature of the mind and the user’s manual – for the care and feeding of the mind. We are presenting this retreat as a fulfillment of our mission “to alleviate human suffering by showing sincere seekers other ways to perceive and experience life.” So many are suffering needlessly. This is our contribution to World Peace through individual peace.

The retreat can be watched at any time at home on your computer for two weeks. Time is not a limitation.

Our retreat fee is minimal - \$250. However, for anyone who needs help with the fee, we will help with the finances. We have many different types of scholarships available. Although we make all of our retreats virtually effortless to participate in, this one is especially important due to the turbulent times we are in now, and will continue to be in for some time to come.

The power of the group. “Whenever two or more of you gather in My Name, there is Love.” (name means essence or presence and love means the power of evolution to the Light). In our StillPoint Community we have 40 committed souls who pray as a group and participate in retreats as a group. Tuning into the retreat, even though it is a singular event, brings forth the full power of group prayer and meditation.

This is a wonderful opportunity to find peace in these times and in all times to come.

I am sending along a copy of the retreat flier.

Only Love, Jerry